



**Reavis High School**  
**Curriculum Snapshot/Cover Page for Psychology**



**Unit 1: Intro To Psychology**

15-17  
Days

Students will understand why we study psychology and what psychologists do. They will be introduced to a brief history of psychology and contemporary perspectives of psychology. Students will understand how psychologists use the scientific method and scientific inquiry to explain human behavior.



**Unit 2: Body and Mind**

12-15  
Days

Students will gain a better understanding of the nervous system, the brain, and how heredity shapes human thoughts and behaviors. Students will understand how sensation and perception are critical to understanding and living in our environment.



**Unit 3: Health and Adjustment**

18-20  
Days

Students will understand how stress produces psychological and physical effects on the body. Students will gain a better understanding of what psychological disorders are and how they are classified. The students will understand how mental health professionals help people with psychological disorders.



## Unit 4: Social Psychology

12-14  
Days

Students will be able to describe the many factors that influence social cognition--which is how people think or act in certain situations. The students will gain a better understanding of how social norms, conformity, obedience, and altruism all affect how people interact socially.



## Unit 5: Personality

15-20  
Days

Students will understand what drives human behavior. They will be able to describe the variety of approaches and tests that are used to explain personality. Students will understand how gender roles and behavior develop.