

# Restraint Reduction Plan: School District 220, Reavis High School

This template is an example to assist in guiding the development of a Restraint Reduction Plan. An entity may choose to utilize another template/format.

This is the only information that is required to be publicly reported.

**State Goal #1 – 2022-2023 Goal:** The plan shall address over a 12-month period, a **25% reduction** in the use of physical restraint/time out/isolated time out for students experiencing over **5+ instances in a 30-day period**.

**Entities Current overall number of incidents of RT0 use/the total number of students subjected to RTO interventions:** 0 / 1944

Required Components	Action Item	Steps to Complete Action Item	Timeline	Responsible Party
<p><b>Describe in detail a plan to support a vision for cultural change that reinforces the following:</b></p> <p><b>A.) How the entities plan to adopt and utilize positive behavioral interventions and support rather than isolated time out, time-out, and physical restraint;</b></p>	<p>District 220 will continue to use a multi-tiered system of academic and behavioral supports providing timely and meaningful interventions that are preventative targeted and intensive.</p> <p>On-going school-wide professional development and implementation of culturally responsive practices.</p> <p>District 220 will continue to incorporate and integrate restorative practices in a collaborative problem-solving model.</p> <p>District 220 will continue to implement evidence-based verbal de-escalation Training for identified teachers, administrators, paraprofessionals and related service staff.</p>	<p>District 220 will provide professional developmental to staff on academic and behavioral support strategies.</p> <p>District 220 will provide verbal de-escalation training for identified teachers, administrators, paraprofessionals and related service staff.</p>	Duration of 2022-2023 school year	MTSS Team Crisis Team
<p><b>B.) Identification of effective ways/best practices to de-escalate situations to avoid isolated time out, time out and physical restraint;</b></p>	<p>Implement effective ways to de-escalate situations: staff supporting all students through verbal, paraverbal and non-verbal communication.</p> <p>Proactively staff will work to build relationships with students using multiple strategies.</p>	<p>District 220 will provide verbal de-escalation training for all teachers, administrators, paraprofessionals and related service staff.</p> <p>Professional development (virtual or in-house) to provide relationship building strategies with students.</p> <p>Establish a system of on-going contact with students.</p>	Duration of 2022-2023 school year	<p>MTSS Team Crisis Team</p> <p>Counselors, Deans, Social Workers, Psychologists, and Administrators</p>

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<b>C.) Describe how the entity will utilize crisis intervention techniques, as an alternative to isolated time out, time out, and physical restraint; and</b>	<p>The District 220 will utilize crisis intervention techniques in lieu of physical restraint or time out/isolation by utilizing steps of verbal intervention/de-escalation.</p> <p>The District 220 will continue to use risk and behavioral threat assessments in multi-disciplinary teams to support students in crisis.</p>	<p>District 220 will provide verbal de-escalation Training for all teachers, administrators, paraprofessionals and related service staff.</p> <p>Ongoing communication and collaboration with faculty and staff regarding risk and behavioral threat assessments.</p>	Duration of 2022-2023 school year with semester meetings to review physical restraint or time out/isolation data and de-escalation strategies.	<p>School Based CPI Teams</p> <p>Threat Assessment Team</p> <p>Crisis Team</p>
<b>D.) Details the entities plan to utilize debriefing meetings to reassess what occurred and why it occurred and to think through ways to prevent use of intervention the next time.</b>	Debriefing meetings to reassess what occurred, why it occurred, and to plan interventions will be held immediately upon conclusion of physical restraint or time out/isolation using CPI COPING model.	District 220 will implement school-based CPI and/or Crisis teams	Duration of 2022-2023 school year	<p>School Based CPI Teams</p> <p>Crisis Team</p>
<b>E.) Includes action step(s) describing procedures to ensure that appropriate school personnel are fully informed of the student's history, including any history of physical or sexual abuse, and other relevant medical mental health information, except that any disclosures of student information must be consistent with federal and state laws and rules governing student confidentiality and privacy rights.</b>	<p>Action steps to ensure appropriate personnel are informed of relevant student history include disclosure of information to teams via social worker and case manager as information is presented to any team member.</p> <p>Special Education: An IEP paperwork is shared with teachers of record</p>	Inform staff of process of communication surrounding dissemination of sensitive student information.	August 2022	<p>Building Administrators</p> <p>Social workers Psychologists Counselors</p> <p>Special education case managers</p>

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<b>F.) Includes an action step identifying steps to develop individualized student plans as required by <a href="#">Public Act 102-0339</a>.</b>	Building Crisis team members with classroom teacher input will develop plans based upon presenting students' needs.	Develop plan template and train social workers, psychologists, and counselors to facilitate meetings	First semester 2022	District Administrators  Social workers Psychologists Counselors
<b>G.) Identifies how the information will be made available to parents for review.</b>	Parents will be notified upon incident and sent all documentation of event. Upon three instances of physical restraint or time out/isolation, parent will be invited to a solution seeking meeting. This plan will also be communicated through an informational letter, posting on the district website, and reviewing at a board meeting, seeking our BOE's approval of the proposed plan.	Train building CPI team on steps  RTO plan will be available to parents via School Board action item, informational letter, and school website	December 2022	Crisis Teams
<b>H.) Identifies a modification process (as necessary) to satisfy aforementioned goals?</b>	Oversight team (CPI train the trainers with parent input) will review data to adjust plan as needed.	Set calendar dates for meetings	Duration of 2022-2023 school year	Crisis Team